



## **CLASSICS BASKETBALL TEAMS** **RULES & EXPECTATIONS FOR PLAYERS AND PARENTS**

*September 2011*

### **PLAYERS**

1. **ATTENDANCE AT PRACTICE AND SCRIMMAGES IS VERY IMPORTANT!** Teams practice 3 to 4 times more than the playing time that occurs during competitions.
2. Arrive at practice on time/early, and be ready to start at the designated time.
3. No talking when: (i) any coach is talking, or (ii) any teammate is talking to the team or asking a question.
4. When a coach blows the whistle, stop what you are doing and listen.
5. Goofing off during practice is disruptive and unfair to your teammates and coaches - if you persist, be prepared for an appropriate penalty to be decided by your coach (ex., pushups, running, being asked to sit out, etc).
6. **MISSED PRACTICES/UNEXCUSED ABSENCES:** If missing practices becomes an issue, playing time will be impacted per the decision of the coach.
7. **EXCUSED ABSENCES:** Only illness, a family emergency, or a school function will be considered an excused absence, if communicated a reasonable time (at least 2 or 3 hours) prior to the practice, scrimmage, or game, to the coach or team manager.
8. **GAMES:** Arrive at games and be ready (shoes and uniform on) at least 30 minutes prior to the scheduled game time. Always bring BOTH Classics uniforms to each game.
9. **MANDATORY EQUIPMENT FOR GAMES AND PRACTICES:** Water bottles with a pop top (at least 1 liter), mouth guards and knee pads (optional).
10. The Classics Club philosophy is that we will grow together and be competitive as a team, if we practice and play the game as a team. The commitment level required for a successful AAU basketball team, mandates that your basketball team be your highest priority, and no other sports should be given a higher priority.

### **PARENTS/GUARDIANS/FAMILY MEMBERS**

11. The basketball court/gym during practices is for the team ONLY – no siblings or friends are allowed on the court or for that matter in the gym. Permits and the liability insurance the club holds through AAU is only for the registered members and not their siblings or friends.
12. Parents will be allowed to watch practices, but please no communication with your child while practice is on – let the coaches coach. If this becomes a concern to the coach(es), e.g, parents yelling from the side of the gym and distracting players, parents will be asked to leave the gym during practices or games. Remember be seen and not be heard, or better yet – use the practice time to run an errand, catch up on things outside the gym. Coaches will always make sure that there are at least three adults (among the coaches and team manager) in the gym to deal with any player injuries or issues.
13. If you have a concern about your child's development, playing time, health issues, etc., please NEVER come up to a coach during, before or right after a game or a practice and demand to talk to them. Please call or email them later to make an appointment to talk outside of the gym and away from other team members.
14. Parents please remember to release your child to the coach and the team. Unfortunately, your playing days may be over so don't live through your child. They have enough pressures on their shoulders and they don't need your weight on them. Cheer for all Classics players because it makes for a pleasant experience all around. Please do not coach your daughter or the team from the sideline. Refrain from using improper language towards refs and opposing fans/players. Let the referees ref the game because you are not making the situation better by screaming. Allow your child to relax after the game and if they want to talk to you about the game than they will. With this in mind, do not engage in a conversation with your player or the coach after the game about the game. This just makes for a better car ride home for all involved. If you have concerns set up a time to speak with the coach and hopefully come to a resolution.