



Classics AAU Basketball

Post Players Clinic

September 6 & 9

Skills camp specifically tailored for post/inside players where players will learn:

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| Proper technique for posting up | Defensive skills to guard post players |
| Offensive moves to score inside | Rebounding strategies and boxing out techniques |

The camp will occur over two sessions:

- Sept 6 @ Hoover Middle School: Middle School 7:00-8:00pm; High School 8:00-9:00pm
- Sept 9 @ Redland Middle School: Middle School 7:30-8:30pm; High School 8:30-9:30pm

Cost: \$50 for two sessions

To register in advance:

Email Terri Lakowski with your daughter's name, grade level and school at

TLakowski@ActivePolicySolutions.com

Payment through PayPal using the above email or by cash or check at the clinic

Questions? Call Terri at 202.656.1350

(Onsite registration will be accepted)

About the coach:

Terri played college basketball as a post player at Loyola University of Chicago (DI) and Washington University in St. Louis (DIII). She currently is the Assistant Varsity Coach at Walt Whitman High School and coaches the Classics 7th Grade Team Swish.